



Holy Cross Parish Faith Formation Packet

2627 Lore Rd
Anchorage, AK 99507



Register & Pay Online!

Learn more: holycrossalaska.net/formation

Register: holycrossalaska.net/register

Paper copies also available upon request.

Contact Us

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Call/text (907) 306-9363
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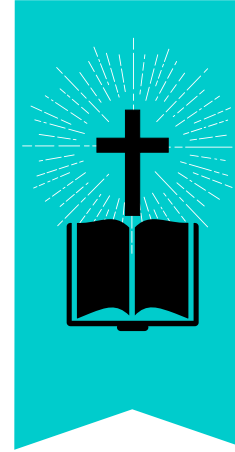
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FAITH FORMATION

2022 - 2023

Date, Time, Location

Sundays at Holy Cross Parish
from ****9:15am-10:45am.**
Beginning 8/21, Sunday
Mass times are 8am & 11am.

Ages & Grades

Faith Formation is for
kindergarteners thru adults
(new this year: high school
post-Confirmation class).

We follow Anchorage School
District's guidelines to
calculate school grades.
Example: to enroll in
kindergarten, for your child
must be age 5 by Sept. 1.

Classrooms and "Family Sessions"

Classrooms: Every other
week, children learn in
classrooms with their peers.

Family Sessions: Every other
week, parents and children
attend a large group session
together. If a parent is
unavailable, students may
attend with another relative
or family friend.

2 New Classes: one for
adults whose kids are in
classrooms, and one for post-
Confirmation high schoolers.

Fees

Classroom fees:*

- 1 child: \$75
- 2 children: \$115
- 3+ children: \$150

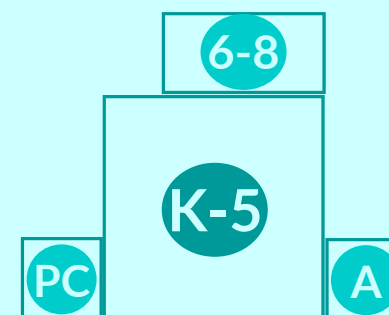
Sacramental material fees:*

- Covers cost of retreat
and classroom supplies
- First Communion (2nd):
\$65/child
- Confirmation Retreat
(8th+): \$125/teen

*No one is turned away due
to financial hardship!
Contact us to apply for
financial aid.

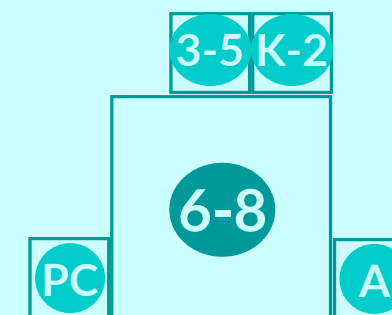
Sunday, Week 1

GRADES K-5 IN FAMILY SESSION.
GRADES 6+ IN CLASSROOMS.



Sunday, Week 2

GRADES 6+ IN FAMILY SESSION.
GRADES K-5 IN CLASSROOMS.



→ Weekdays ←

Confirmation class meets once a
week from Sept - Apr (except
during holidays & breaks).

First Reconciliation & First
Communion class meet for 6
sessions immediately preceding
each sacrament.

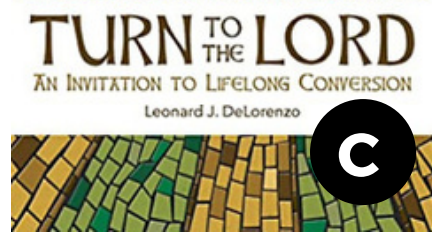
Weekday schedules are chosen in
August based on participating
families' availability.

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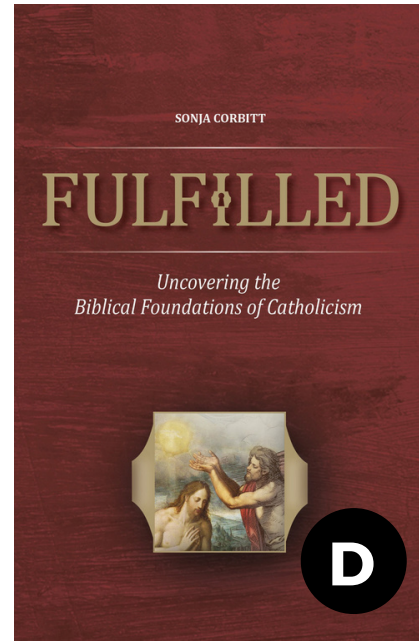
CURRICULUM



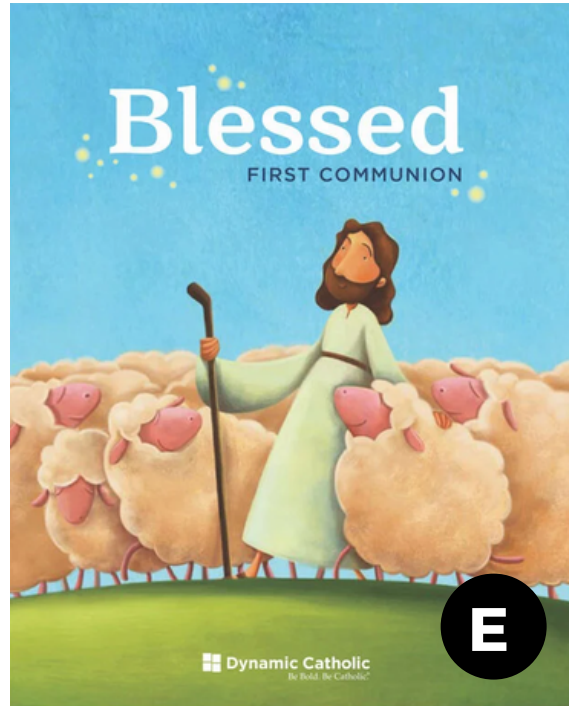
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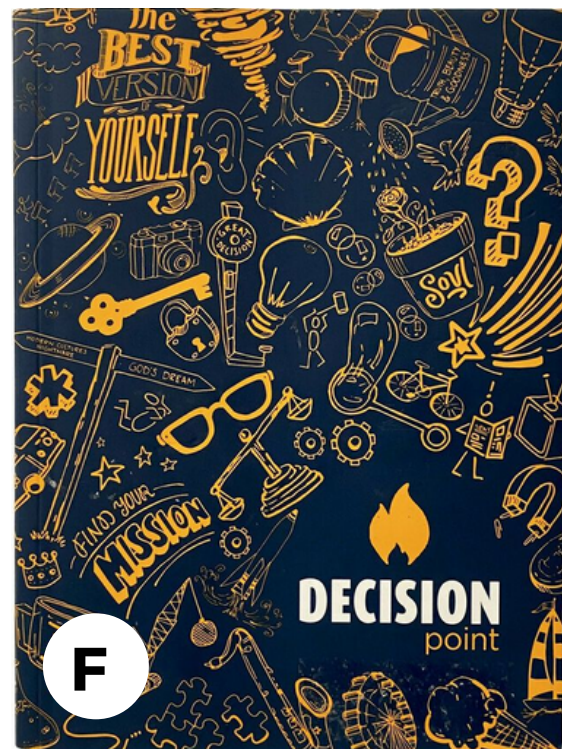
C



D



E



F

A. Pflaum Gospel Weeklies (K-5)

B. Grades 6-8 classroom content from Lifeteen

C. High school post-Confirmation class

D. Adult bible study

E. First Reconciliation and First Communion

F. Confirmation

Books A - D are Sunday classroom curriculum. Books E & F are used during sacrament prep classes, held during the week at a time chosen by student's families in August.

Confirmation Retreat

- A three-day (Fri - Sun) weekend retreat will be held at St. Therese's Camp in Wasilla. A separate packet will be available to attendees. Students who are unavailable that weekend may attend another parish's retreat instead.

Service Project

- Students are asked to lead one service project. This project may benefit the church or in the local community, and they may co-lead with up to 2 classmates. Please present your project idea for review before beginning work on it!
- A service project guidebook will be available to students during their preparation process.

Liturgical Ministry Apprenticeship

All Confirmation students are trained in a liturgical ministry and participate within the regular weekend schedule. The following liturgical ministries are available:

- Altar Servers
- Hospitality
- Lectors
- Music: Choir/Cantor or Instrumentalist
- Art & Environment (during weekdays only)
- Sacristans (application process; by approval only)



POST-CONFIRMATION

Students who have been Confirmed have 3 options for continuing Faith Formation:

- Attend weekly Post-Confirmation class with their peers (no Family Session included)
- Attend Family Session with younger siblings
- Volunteer to teach, co-teach, or lead a small group

CONFIRMATION

CALENDAR



Prerequisites

- Students must be in 8th grade or older. Older students (ages 16+) may choose to complete the OCIA process with adults instead. Contact us directly to see if this is a good fit for you.
- If your child has not been baptized, or has not yet received First Reconciliation or First Communion, let us know.

Parental Involvement

- Parents participate in their children's Catholic faith, as promised in baptism. This is demonstrated by weekly participation in Mass, Holy Days, and Family Sessions.

Student Initiative

- During Confirmation, students affirm their own faith: they commit to live a fully conscious and active Christian life. The decision to be Confirmed and live as a Catholic is made by the student, not the parents.
- We recommend teens attend all classes, retreats, service experiences, etc. to make an informed decision about faith.

Class Attendance

- Students attend all Sunday classes and Family Sessions.
- Students attend sacrament-specific preparation (during the weekday, Sept - Apr). This weekday will be chosen by participating families in August.
- In case of an absence (family trips, emergencies, illness, etc.) call or text (907) 306-9363. Please complete make-up work in a timely manner.

****NEW TIME THIS YEAR: 9:15-10:45am****

AUG 2022

S	M	T	W	R	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

****All classes meet from 9:15 – 10:45 this year!**
****Starting Aug. 21, Sun. Mass is @ 8am & 11am!**
8/21: First class

SEP 2022

S	M	T	W	R	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

9/4: Labor Day: no class
9/10: Youth Ministry
9/17: Day of Reflection
10/1: Youth Ministry

OCT 2022

S	M	T	W	R	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

10/15: Day of Reflection
10/21-23: Conf Retreat
10/30: All Saints Party (all in Family Session)

NOV 2022

S	M	T	W	R	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

11/1: Holy Day
11/5: Youth Ministry
11/12: Reconciliation Retreat & Service
11/24: Thanksgiving

DEC 2022

S	M	T	W	R	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

12/3: Youth Ministry
12/8: Holy Day
12/14: Parish Reconciliation Service
12/18: Christmas Party (all in Family Session)

JAN 2023

S	M	T	W	R	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1/15: Classes resume
1/28: Youth Ministry

FEB 2023

S	M	T	W	R	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

2/13-16: Parish Mission
2/22: Ash Wednesday
2/24-25: Middle/High School Retreat
Soup, Stations, Confession Fridays during Lent

MAR 2023

S	M	T	W	R	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

Soup, Stations, Confession Fridays during Lent
3/12 & 3/19: Spring Break (no class)

APR 2023

S	M	T	W	R	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

4/7: Good Friday Faith Walk (all ages welcome!)
4/9: Easter (no class)
4/28: First Comm. Retreat
4/29: First Communion

MAY 2023

S	M	T	W	R	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Confirmation (date TBA in October 2022)
5/7: Last class
5/21: Parish Picnic

FAITH FORMATION COLOR CODE

- K-5 in Family Session, Grades 6+ in Classrooms.
- Grades 6+ in Family Session, K-5 in Classrooms.
- Special Faith Formation Event.
- No class this weekend.

SPECIAL PARISH EVENTS

- Youth Ministry event
- Day of Reflection for Adults
- Holy Day or Special Event

SACRAMENTS?

Baptism: any age

Contact the office (349-8388) to schedule a baptism. Students in 2nd and 8th grade will automatically be enrolled in sacramental preparation.

First Communion:
2nd grade and older

If your older child has not yet received a sacrament, contact Anna.

Confirmation:
8th grade and older

The Order of Christian Initiation for Adults (OCIA) prepares *adults* to receive Baptism, First Communion, and/or Confirmation. This is separate from Sunday classes. Contact Sandon Broek at 947-9168.

HOW CAN I HELP?

Volunteer Role	Day	Duration	Description
Co-Teachers (K-8) 6 teachers needed	Sunday	2x / month	Co-lead a classroom using the provided curriculum
Small Group Facilitator (6-8) 2 volunteers needed	Sunday	2x / month	Facilitate discussion with a small group of middle school students
Family Session volunteer 4 volunteers needed	Weekday (TBA)	2x / month or weekly	Facilitate breakout stations and/or help with administrative tasks
First Communion Preparation 2 volunteers needed	Weekday (TBA)	6x / semester	Prepare students to receive the sacraments during special sessions
Confirmation Preparation 2 volunteers needed	Weekday (TBA)	Weekly	Prepare students to receive the sacraments during special sessions
Retreat chaperone 10 volunteers needed	See calendar	1x / year	Overnight or day chaperone for one of 3 sacrament prep retreats
Food Crew 1 family per week	Sunday	Once	Set up and clean up snacks and drinks at the beginning of class

FIRST COMMUNION

Note: Students receive the sacraments of First Reconciliation and First Communion in the same year.

Prerequisites

- Students must be in 2nd grade or older.
- If your child is not baptized, let us know at registration.

Parental Involvement

- Parents participate in their children's Catholic faith, as promised in baptism. This is demonstrated by weekly participation in Mass, Holy Days, and Family Sessions.

Preparation Classes

- Students attend Sunday classes and Family Sessions.
- Sacrament-specific preparation (6 sessions for Reconciliation and 6 sessions for Communion) will occur outside the usual Sunday morning classes.
- In case of an absence (family trips, emergencies, illness, etc.) call or text (907) 306-9363. Please complete make-up work in a timely manner.

Retreats

- Students will attend two day-long retreats (one in the fall, preceding their First Reconciliation, and another in the spring, preceding their First Communion).
- Parents attend these retreats with their children (siblings are welcome but not required to attend). Retreat information will be provided to students in August.

